



**TFG**

**CAMP**

**GREATNESS** 

**TUMBLING AND  
CONDITIONING CAMP**

**SUMMER CAMP**

**PARENT INFORMATION PACKET**

Last Updated: February 2024

## Letter to Parents

Dear Parents

Train For Greatness (TFG) Tumbling, Gymnastics, and Fitness Center is pleased to welcome you and your athlete to our Camp Greatness summer camp program. Camp Greatness combines tumbling and conditioning training with fun-focused recreational activities for the ultimate summer camp experience. We genuinely hope that your athlete's week at camp is one that will create a lifetime of memories.

We want to provide campers a safe, supervised, structured environment. Every day our camp instructors will facilitate skill-building training sessions in tumbling and conditioning. Our instructors set individual goals with their campers to teach new skills and improve the technique of existing skills. As with all of our athletes, we are very interactive with our teaching methods. We want to be certain that they receive the best of instruction, and that they understand the corrections being explained to them. We also do a lot of demonstrating, as all of our instructors have an extensive background in the fields of cheerleading and gymnastics.

We have a wide variety of programming to stimulate the physical and emotional development of each athlete ranging from: field trips, swimming, arts and crafts, and more to help our campers meet new friends, learn new skills, develop self-esteem and most importantly have FUN! It is our mission to provide the best summer camp possible. Our lines of communication are always open, and if there is anything that we can do to make this experience more enjoyable, please do not hesitate to reach out.

Thank you for sending your athlete to TFG Camp Greatness and having faith in our philosophy to enable your child to succeed in life. We hope to not only meet, but to exceed, the expectations of you and your family.

Welcome to TFG.

## General Camp Overview

**PAYMENT PROCEDURES:** Camp Greatness requires you to register and pay the non-refundable camp deposit in full to reserve your spot. The remaining balance will be listed in our computer system linked to your families account. The camp balance **MUST BE RESOLVED** prior to sign-in on the week of camp you attend. Please note there are no payment adjustments, transfers, or credits given for absences, except for in extreme cases that will be handled and authorized by the Program Coordinator. Any withdrawals must be in writing and refunds not offered.

**DROP OFF AND PICK UP:** Camp begins at 9AM and ends promptly at 4pm with a 10-minute grace period. After this time, you will be subject to the after care pricing. We ask that you walk your camper inside each morning to drop them off, and come inside to pick them up each afternoon. A signature is required to drop off and pick up. Please provide us with a list of approved guardians that may pick your child up on a given day. Only those whose name is on the list you provide will be allowed to take the child from our care. We do not allow drop off and pick up when we are off-site unless it is coordinated with the camp supervisor at least 24 hours in advance.

**BEFORE AND AFTER CARE:** Before Care begins at 7:30 AM and After Care ends at 6:00 PM. You may register for Before and After Care by following the same process as registering for camp, and selecting the before and after care option. From that registration page, you may select the exact days you need for before and/or after care. Parents who do not retrieve their children by 6 PM will be charged the daily rate of \$35.00 per unscheduled occurrence.

**BEHAVIOR GUIDELINES:** It is the philosophy of our camp that discipline is positive and serves to teach children proper behavior, not to punish them. Above all, we will place your child's physical and emotional well being first. We will not engage in any practices that are physically or psychologically damaging.

It is our goal for staff, children, and parents to work together toward cooperative behavior and a cohesive atmosphere. Our staff will always notify parents of emerging difficulties and ask for assistance in behavior management. In some cases, additional disciplinary measures may be pursued if: a child inflicts physical/emotional harm on other children; is a danger to themselves or others; or is physically or verbally abusive to staff and/or others. These issues are considered serious in nature:

- Theft, Attempts to Steal or Property Damage
- Verbal Abuse or Blatant Disrespect of Counselors or Other Participants
- Physical Aggression
- Disruptive, Defiant or Disrespectful Behavior
- Inappropriate Touching
- Children Leaving the Group or Premises Without Approval or an Authorized Escort
- Verbal Threats of Severe Harm or Death Threats

**BEHAVIOR CONSEQUENCES:** Because of the serious nature of behaviors, we will enforce strict and consistent consequences to prevent future occurrences.

**1<sup>st</sup> Offense:** The parents will be called for immediate pick-up and the child will remain in supervised “in-camp suspension” until the parent arrives.

**2<sup>nd</sup> Offense:** 1-2 days “out-of-camp” suspension, based on the severity of the incident. At this time a discussion between the Program Coordinator and authorized member of the family will take place followed by a signed written agreement that a repeat offense may result in removal for the program. A refund will not be given for these days the child is out.

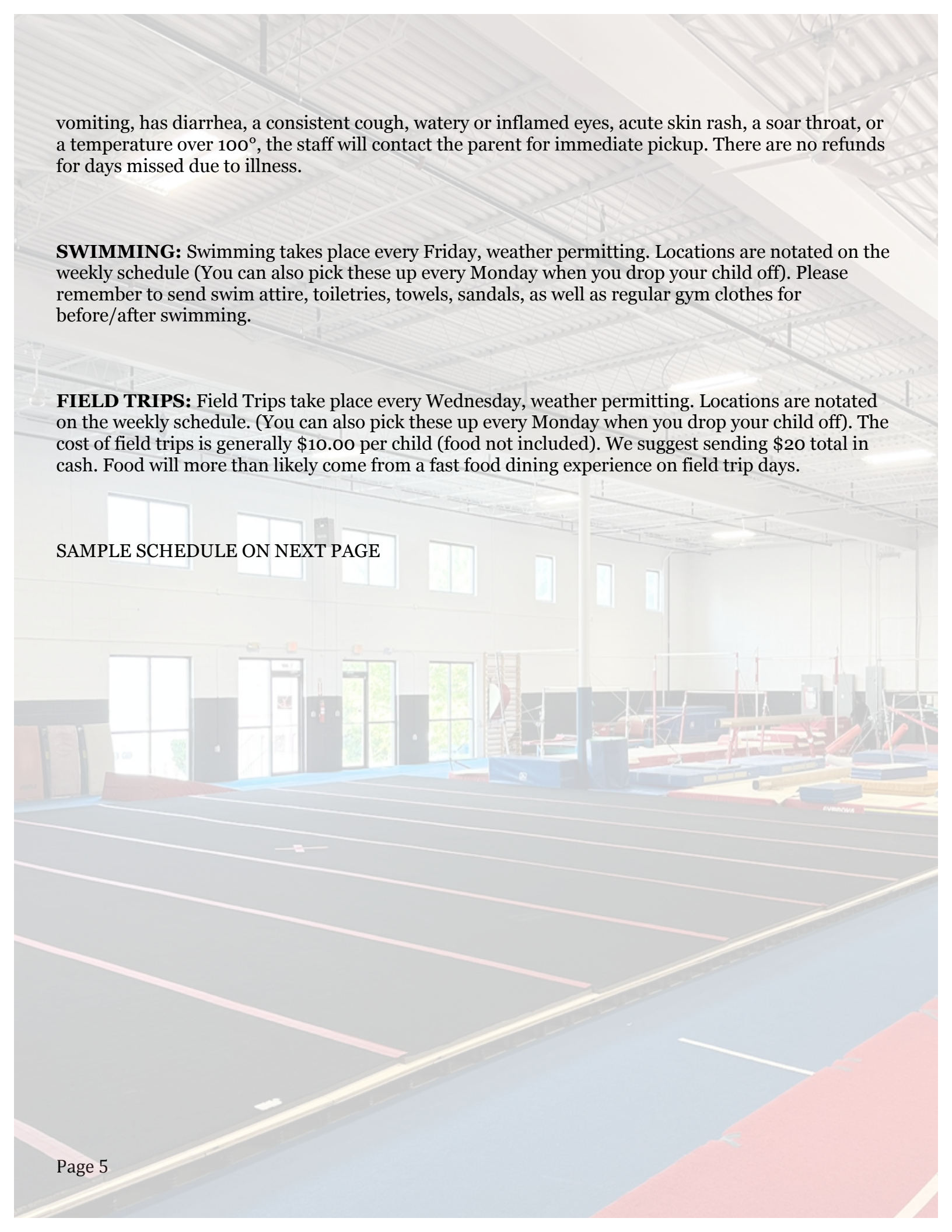
**3<sup>rd</sup> Offense:** The Program Coordinator will review all documentation and determine if the child will be removed from the program. If your child is removed from day camp, a refund will be given if any future week were paid for in advance minus our administrative fee.

**WEATHER:** We anticipate the weather in the summer to be very hot! Please ensure your child has adequate water with them, and are dressed appropriately for the intense weather. We also have numerous breaks incorporated into the daily schedule to ensure the children are not too intensely overworked. For field trip and swimming days, we do ask parents to apply sunblock to their athlete prior to arrival. We will also reapply sunblock if needed.

**LUNCH AND SNACKS:** Camp Greatness does not provide lunch on a typical camp day, providing a packed lunch is recommended. In addition, we encourage parents to provide plenty of snacks from home for your child to eat throughout the day/week. There may be a refrigerator available for your children to store their lunches, snacks, and drinks. There may also be a microwave available to heat up items. Pizza will be provided (Free of Charge) every Friday. We understand that some children have dietary restrictions or allergies. We ask that you **do not** pack items containing nuts for safety reasons.

**ALLERGIES AND INJURY:** Please be sure to let us know of any known allergies, injuries, and/or medical conditions your athlete may possess. Pack asthma pumps, epi-pens, and any other necessary medications you deem necessary for your child. If an accident should occur at our program, the staff will advise the parent at the time of pick up, unless it is a head injury. All injuries to the head will receive an immediate parent phone call. If emergency treatment is warranted, the staff will immediately notify the parent or guardian and the child will be transported by ambulance to the nearest medical facility, if necessary.

**ILLNESS:** We urge you to keep children home if they are ill, both for their sake and the sake of other children. If a child is feeling ill during the program for a duration of 20 minutes or longer, or is



vomiting, has diarrhea, a consistent cough, watery or inflamed eyes, acute skin rash, a soar throat, or a temperature over 100°, the staff will contact the parent for immediate pickup. There are no refunds for days missed due to illness.

**SWIMMING:** Swimming takes place every Friday, weather permitting. Locations are notated on the weekly schedule (You can also pick these up every Monday when you drop your child off). Please remember to send swim attire, toiletries, towels, sandals, as well as regular gym clothes for before/after swimming.

**FIELD TRIPS:** Field Trips take place every Wednesday, weather permitting. Locations are notated on the weekly schedule. (You can also pick these up every Monday when you drop your child off). The cost of field trips is generally \$10.00 per child (food not included). We suggest sending \$20 total in cash. Food will more than likely come from a fast food dining experience on field trip days.

**SAMPLE SCHEDULE ON NEXT PAGE**

WEDNESDAY FIELD TRIP: Location, Address

FRIDAY POOL DAY: Location, Address

Timeframe	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 AM	Before Care	Before Care	Before Care	Before Care	Before Care
9:00 AM	Morning Stretch	Morning Stretch		Morning Stretch	Morning Stretch
9:15 AM	Morning Warm-up	Activity	Arts & Crafts	Morning Warm-up	Morning Warm-up
9:30 AM	Tumbling	Conditioning		Activity	Activity
10:30 AM	Snack	Snack		Snack	Snack
10:45 AM	Conditioning	Tumbling		Arts and Crafts	Tumbling Intensive
12:00 PM	Lunch	Lunch		Lunch	
1:00 PM	Clean-Up	Clean-Up		Clean-Up	Light Lunch
1:15 PM	Arts and Crafts	Arts and Crafts	FIELD TRIP!		
2:30 PM	Activity	Afternoon Stretch		Tumbling Intensive	SWIMMING!
2:45 PM		Afternoon Warm-up			
3:00 PM	Tumbling Intensive	Tumbling Intensive		Afternoon Snack	
				Conditioning Regiment	PIZZA!
4:00 PM	Pick-up	Pick-up	Pick-Up	Pick-up	Pick-up
4:30 PM	After Care	After Care	After Care	After Care	After Care
6:00 PM	Closed!	Closed!	Closed!	Closed!	Closed!